

A phase I study of bevacizumab (B) in combination with everolimus (E) and erlotinib (E) in advanced cancer (BEE)

Karen E. Bullock · William P. Petros · Islam Younis · Hope E. Uronis · Michael A. Morse · Gerard C. Blobe · S. Yousuf Zafar · Jon P. Gockerman · Joanne J. Lager · Roxanne Truax · Kellen L. Meadows · Leigh A. Howard · Margot M. O'Neill · Gloria Broadwater · Herbert I. Hurwitz · Johanna C. Bendell

Received: 26 July 2010 / Accepted: 26 October 2010 / Published online: 16 November 2010
© Springer-Verlag 2010

Abstract

Purpose VEGF, mTOR, and EGFR inhibitors have demonstrated anti-tumor and anti-angiogenic effects alone and in combination with each other. This study evaluated the safety, tolerability, and pharmacokinetics of bevacizumab, everolimus, and erlotinib combination.

Methods Doublet therapy consisted of bevacizumab at 10 mg/kg every 14 days and everolimus 5 mg daily which escalated to 10 mg daily. Erlotinib 75 mg daily was added to the phase II dose recommended phase II dose (RPTD) of

bevacizumab and everolimus. Dose-limiting toxicity (DLT) was assessed in cycle 1.

Results Forty-eight patients with advanced solid malignancies were evaluable for DLT and efficacy. No DLTs were observed in the doublet dose escalation. Two DLTs (grade 3 mucositis and grade 3 rash) were observed with the addition of erlotinib 75 mg daily. Consequently, triplet doses were adjusted and were better tolerated. Four patients had a partial response. Median progression-free survival (PFS) for the doublet therapy was 6.0 months (0.5 to 32+ months) and 5.5 months (0.8 to 27+ months) for the triplet therapy. Systemic exposure of everolimus was significantly higher in combination with erlotinib (476 ± 161 ng h/mL) compared to when given alone (393 ± 156 ng h/mL; $P = 0.020$).

Conclusions The RPTD for the doublet therapy is bevacizumab 10 mg/kg every 14 days and everolimus 10 mg daily, and the RPTD for the triplet therapy is bevacizumab 5 mg/kg every 14 days, everolimus 5 mg and erlotinib 75 mg daily. Prolonged disease stability was demonstrated in tumors known to respond to mTOR inhibition and potentially resistant to VEGF blockade.

K. E. Bullock · H. E. Uronis · M. A. Morse · G. C. Blobe · S. Yousuf Zafar · J. P. Gockerman · J. J. Lager · R. Truax · K. L. Meadows · L. A. Howard · M. M. O'Neill · G. Broadwater · H. I. Hurwitz (✉) · J. C. Bendell
Duke University Medical Center, Seeley G. Mudd Bldg, 10 Bryan Searle Drive, Box 3052, Durham, NC 27710, USA
e-mail: hurwi004@mc.duke.edu

W. P. Petros · I. Younis
Mary Babb Randolph Cancer Center, West Virginia University, Morgantown, WV 26506, USA

Present Address:
K. E. Bullock
United States Navy, Portsmouth, VA 23708, USA

Present Address:
I. Younis
United States Food and Drug Administration, Silver Spring, MD 20993, USA

Present Address:
J. J. Lager
Sanofi-aventis, Malvern, PA 19355, USA

Present Address:
J. C. Bendell
Sarah Cannon Research Institute, Nashville, TN 37203, USA

Keywords Bevacizumab · Everolimus · Erlotinib · Phase I · Advanced cancer

Introduction

Tumor growth and angiogenesis are regulated by multiple networked cellular pathways. Complementary pathway targeting may be more effective but may also be more toxic. The VEGF, mTOR, and EGFR pathways have each been clinically validated, and multiple agents have been approved by the Food and Drug Administration (FDA). The biology of EGFR, mTOR, and VEGF and the

Table 1 Determination of maximum tolerated dose

Dose level	Dose			No. of patients	No. of DLTs
	Bevacizumab (q2w) (mg/kg)	Everolimus (daily) (mg)	Erlotinib (daily) (mg)		
1	10	5	—	5*	0
2	10	10	—	15	0
3	10	10	75	6	Grade 3 mucositis Grade 3 rash
4	5	5	75	24	0

* Two patients did not finish cycle 1 due to early progressive disease

development of agents targeting these pathways have been extensively reviewed [1–5]. Preclinical studies have linked these pathways and suggest that combination targeting may improve anti-tumor effects as mTOR is an important effector and regulator of VEGF and of EGFr signaling. In addition, mTOR is a key regulator of HIF-1 α (hypoxia inducible factor-1 α) and upregulation of HIF is a potential mechanism of resistance to anti-VEGF therapy [6–8].

At the time this study was designed, there were safety and early efficacy data for the combination of anti-VEGF plus anti-EGFr therapy, including recent data on the combination of bevacizumab plus erlotinib, which was well tolerated among different tumor types [9–14]. However, there were no clinical data on the combination of anti-mTOR therapy with either anti-VEGF therapy or anti-EGFr therapy, while preclinical studies suggested the addition of everolimus in combination with a VEGF or EGFr inhibitor enhanced anti-tumor effects [15–19]. In addition, bevacizumab, erlotinib, and everolimus were expected to have mostly non-overlapping toxicities. The primary objectives of this tandem phase I study was to determine the maximum tolerated dose/recommended phase II dosing (MTD/RPTD) and safety profile of the mTOR inhibitor everolimus plus the VEGF inhibitor bevacizumab as a doublet anti-angiogenic therapy (BevEv regimen) and the triple targeted therapy of bevacizumab, everolimus, and erlotinib (BEE regimen). Detailed pharmacokinetic (PK) studies were conducted to fully evaluate potential PK interactions between everolimus and erlotinib. Biomarker data, which included serial plasma sampling for angiogenic markers and skin biopsies, will be presented separately.

Patients and methods

Patient selection

Eligible patients were required to have a histologically confirmed solid malignancy refractory to standard therapy or where standard therapies did not exist. Additional eligibility requirements included: age ≥ 18 years; an Eastern

Cooperative Oncology Group (ECOG) performance status ≤ 2 ; life expectancy ≥ 12 weeks; previous radiation therapy, hormonal therapy, biologic therapy or chemotherapy for cancer ≥ 3 weeks prior to study drug; surgery ≥ 4 weeks prior to study drug; leukocytes $\geq 3,000/\mu\text{L}$ with absolute neutrophil count (ANC) $\geq 1,500/\mu\text{L}$; platelets $\geq 100,000/\mu\text{L}$; total bilirubin ≤ 1.5 times the upper limit of normal (ULN); aspartate aminotransferase/alanine aminotransferase (AST/ALT) ≤ 2.5 times ULN or ≤ 5 times ULN if known hepatic metastases; urine protein to creatinine ratio (UPCR) ≤ 1.0 ; creatinine clearance ≥ 50 mL/min/1.73 m²; absence of pregnancy; absence of central nervous system metastases, no clinically significant cardiovascular disease with intervention within 12 months, no thrombosis or bleeding diathesis within 6 months, uncontrolled hypertriglyceridemia (fasting serum triglyceride >350 mg/dL), uncontrolled hypercholesterolemia (fasting serum cholesterol >300 mg/dL). Serious medical conditions that could have significantly affected patient safety or toxicity assessment were prohibited. This study was approved by the Duke Institutional Review Board (IRB) and followed the Helsinki guidelines. All patients gave written informed consent according to institutional guidelines prior to any study-related procedure. Subjects were accrued at Duke University Medical Center.

Study design

This was a two-stage open-label, dose-escalation phase I pharmacokinetic and biomarker study to assess the doublet regimen of bevacizumab (Genentech, South San Francisco, CA, USA) and everolimus (Novartis, East Hanover, NJ, USA) and the triplet regimen of bevacizumab, everolimus, and erlotinib (Genentech, South San Francisco, CA, USA) administered to patients with advanced solid tumors. A standard phase I “3 + 3” design was used to establish the MTD/RPTD of the combinations.[20] The MTD was defined around toxicities in the first 28-day cycle, while the RPTD was selected based upon toxicities occurring in all cycles. At the MTD of the BevEv doublet, an additional six patients were to be treated to ensure the tolerability of the doublet regimen. Dose levels and drug doses are listed in Table 1.

At completion of dose escalation for the triplet BEE regimen, an expanded cohort of 20 patients at the RPTD was also enrolled to better define the tolerability of this combination. To better assess PK and biomarkers, patients in this expanded cohort were assigned in an alternating fashion into two groups containing 10 patients each. Group A received daily everolimus alone for the first 14 days, with biweekly bevacizumab and daily erlotinib being added on day 15. Group B received daily erlotinib alone for the first 14 days, with biweekly bevacizumab and daily everolimus being added on day 15.

A cycle was defined as 28 days. Treatment was continued until: disease progression; intercurrent illness that prevented further treatment; unacceptable adverse event(s); patient withdrawal from the study; and general or specific changes in the patient's condition that rendered the patient unacceptable for further treatment per judgment of the investigator.

Safety

The National Cancer Institute Common Toxicity Criteria (NCI CTCAE) version 3.0 was used to grade adverse events. The following adverse events were considered DLT in cycle 1: hematologic toxicity $\geq$ grade 4 neutropenia or thrombocytopenia; nausea/vomiting or diarrhea $\geq$ grade 3 and lasting $\geq$ 4 days despite adequate supportive measures; hypertension $\geq$ grade 4; grade 3 hypertension that is poorly controlled ($>160/100$ on one measurement or $>150/100$ on three measurements over 1 week) despite two or more adjustments in anti-hypertensive medications; other non-hematologic toxicity $\geq$ grade 3, excluding alopecia and rash; any treatment-related death or hospitalization. Patients were considered evaluable for toxicity if they received any treatment; patients were evaluable for DLT and MTD determinations if they completed cycle 1 or experienced a DLT in cycle 1; patients not evaluable for DLT and MTD were replaced. All toxicities were analyzed in cycle 1; in cycles 2 and beyond, only grade 3–5 and targeted grade 2 toxicities were analyzed. Targeted grade 2 toxicities included mucositis, rash, hypertension, and hyperlipidemia.

Clinical and radiographic assessment

Baseline evaluations, including a complete history, physical examination, routine laboratories, and EKG were conducted within 14 days prior to start of protocol therapy. Laboratories included complete blood count, serum chemistry with blood urea nitrogen, creatinine, albumin, alkaline phosphatase, total bilirubin, bicarbonate, calcium, chloride, glucose, phosphorus, potassium, sodium, total

protein, lactate dehydrogenase, AST, ALT, prothrombin time and partial thromboplastin time, fasting lipid panel, urine protein to creatinine ratio, and serum beta-human chorionic gonadotropin (if indicated). Radiologic scans were completed within 4 weeks prior to the start of therapy and every two cycles. Guidelines for supportive care and toxicity management, including dose modifications, were included in the protocol.

Radiographic response was assessed using Response Evaluation Criteria in Solid Tumors (RECIST) criteria [21].

Pharmacokinetics

Drug plasma pharmacokinetics were evaluated on days 8 and 22 for both groups in the BEE expanded cohort. The effect of erlotinib on everolimus disposition was assessed in Group A patients while the effect of everolimus on erlotinib disposition was studied in Group B. Blood samples were collected for everolimus measurement prior to drug administration and 1, 2, 3, 4, 6, 9, and 24 h post-dosing. Whole blood everolimus concentrations were determined following liquid/liquid extraction by an LC/MS/MS technique whose lower limit of quantitation was 0.368 ng/mL [22]. Erlotinib and its metabolite (OSI-420) were determined from samples collected prior to drug administration and at 1, 2, 3, 4, 6, 7, 8, 10, and 24 h postdosing. Plasma was prepared using a liquid/liquid extraction followed by LC/MS/MS in the positive ion mode, as previously described [23]. The lower limit of quantitation was 1 ng/mL for each analyte. Pharmacokinetic parameters were estimated from concentration time data sets for each drug on each day using a standard two-stage approach with WinNonlin software.

Statistical measurement

The primary objective of this study was to characterize the safety, tolerability, maximum tolerated dose (MTD) and dose-limiting toxicity (DLT) of the BevEv doublet and the triplet regimen BEE in subjects with advanced malignancy. Descriptive statistics were used to summarize demographic and baseline disease characteristics by dose group. Secondary objectives of this study were to preliminarily characterize any clinical activity. The sample sizes of the expanded cohorts in this pilot study were selected for convenience to better understand the safety and toxicity profile of each regimen; this information was intended to assist the design of future more definitive studies. Toxicities were recorded at each scheduled visit and tabulated by type and grade. AUC measures of day 8 and day 22 were compared using the Signed Rank Test.

Results

Patient characteristics

A total of 50 patients were treated and fully evaluable for toxicity; 48 patients were evaluable for efficacy. Patient demographics are described in Table 2.

DLT and MTD

Patient accrual and DLTs by dose level are summarized in Table 1. There were no DLTs in the BevEv doublet dose escalation, and the expanded cohort confirmed the doublet MTD was bevacizumab 10 mg/kg IV every 2 weeks and everolimus 10 mg orally daily. In dose level 3, when erlotinib 75 mg was added to this doublet combination, two of six patients had a DLT: grade 3 mucositis (1) and grade 3 rash (1). Consequently, bevacizumab and everolimus were dose reduced to bevacizumab 5 mg/kg IV every 2 weeks, everolimus 5 mg orally daily, and erlotinib 75 mg orally daily. For the initial 6 patients and for the 20 patients in the expanded cohort, dose level 4 was tolerable and was determined to be the MTD and RPTD for the triplet BEE regimen.

Toxicity

Treatment-related toxicities are listed in Table 3.

Nonhematologic

Across all cohorts, the most common adverse events were mild to moderate mucositis, rash, fatigue, musculoskeletal

pain, diarrhea, hypertension, and hyperlipidemia. In all cycles, mucositis, primarily grade 1, occurred in approximately 75% of patients on the BevEv doublet and in approximately 87% of patients on the BEE triplet. Grade 3 mucositis was seen in six of 50 (12%) patients. Rash, usually grade 1, occurred in 60% of patients in the BevEv doublet and 80% of patients in the BEE triplet; grade 3 rash was seen in four of 50 (8%) patients.

Grade 3 hypertension was not seen in any BevEv-treated patient, but was seen in 7 patients (23%) of BEE triplet patients. There were no cases of grade 4 or 5 hypertension.

Hypertriglyceridemia and hypercholesterolemia (reported together as hyperlipidemia) occurred in 67% patients overall, typically after more than one cycle of treatment. Most cases were grade 1 or 2, except in two patients, one with asymptomatic grade 4 low-density lipoprotein elevation in the BevEv group and one with asymptomatic grade 4 hypertriglyceridemia in the BEE group.

Hematologic

There were no grade 4 events, and only one grade 3 hematologic adverse event. Neutropenia was uncommon and occurred only in the BEE group. One heavily pretreated patient in the BEE group developed recurrent grade 3 thrombocytopenia in cycle eight and above requiring dose reduction and subsequent discontinuation of everolimus.

Severe toxicity

Overall, grade ≥ 3 treatment-related toxicity occurred in 23 patients (45%) across dose levels 1–4. Grade ≥ 3 events such as hypertension, rash and mucositis usually occurred in the first three cycles. For BevEv, there were no ≥ 3 adverse events in cycle 1; for BEE, grade ≥ 3 adverse event occurring in cycle 1 included the following: mucositis, rash, musculoskeletal pain, hypertension, and infection. Hyperlipidemia and proteinuria typically occurred after prolonged therapy (>15 cycles); however, one subject developed grade ≥ 3 proteinuria during cycle 2. There were five grade 4 treatment-related events: two patients with asymptomatic hyperlipidemia and one patient each with left ventricular thrombus, nephrotic syndrome, and symptomatic hyperglycemia requiring hospital admission. Two additional patients had grade 3 cardiac ischemia. Three patients died while on trial or within 30 days of study drug discontinuation; however, all three death events were judged related to progressive disease not study treatment.

Efficacy

In this population of patients with heavily pretreated solid tumors, approximately half of all patients remained on

Table 2 Patient characteristics

Characteristic	Patients (n = 50)
Median age, years (range)	58 (29–73)
Female:male, no.	25:25
Caucasian: Black: Other	41:5:4
Median no. of prior regimens (range)	3 (0–10)
Tumor Type	
Colorectal	13
Sarcoma	7
Renal	6
Ovarian	4
Neuroendocrine	3
NSCLC	2
Pancreas	2
Breast	2
Endometrial	2
GIST	2
Other	7

Table 3 Targeted and grade ≥ 3 treatment-related adverse events

Toxicity	BevEv <i>n</i> = 20		BEE <i>n</i> = 30		All <i>n</i> = 50
	Grade 3 (%)	Grade 4 (%)	Grade 3 (%)	Grade 4 (%)	Targeted grades 1–5 (%)
Non-Hematological					
Hypertension	0	0	7 (23)	0	9 (18)
Mucositis (proctitis, enterocolitis)	1 (5)	0	4 (13)	0	41 (82)
Rash (all)	1 (5)	0	3 (10)	0	36 (72)
Proteinuria	3 (15)	1 (5)	0	0	–
Thromboembolism	1 (5)	1 (5)	2 (7)	0	–
Fatigue	1 (5)	0	3 (10)	0	–
Infection (peri-rectal abscess, line infection)	0	0	3 (10)	0	–
Cardiac ischemia	1 (5)	0	1 (3)	0	–
Bowel perforation/fistula	0	0	2 (7)	0	–
Dyspnea	0	0	2 (7)	0	–
Hyperlipidemia	1 (5)	1 (5)	1 (3)	1 (3)	34 (67%)
GI bleeding	0	0	1 (3)	0	–
Wound healing	0	0	1 (3)	0	0
Interstitial nephritis	0	0	1 (3)	0	–
Nasal septal perforation	0	0	1 (3)	0	–
Diarrhea	0	0	1 (3)	0	16 (32%)
Constipation	1 (5)	0	0	0	–
Decreased strength	1 (5)	0	0	0	–
Nausea/vomiting	0	0	1 (3)	0	–
Pain (musculoskeletal)	0	0	2 (7)	0	–
Headache	0	0	1 (3)	0	–
Sinusitis	0	0	1 (3)	0	–
Hyperglycemia	0	0	0	1 (3)	–
Hematological					
Anemia	0	0	0	0	–
Thrombocytopenia*	0	0	3*	0	0
Neutropenia	0	0	0	0	1 (2%)

* One patient with the three separate events

study for at least 6 months. The median PFS for evaluable patients in the BevEv doublet therapy was 6.0 months (range, 0.5 to 32+ months). The median PFS for evaluable patients in the triplet BEE therapy was 5.5 months (range, 0.8 to 27+ months). Table 4 summarizes those patients with stable disease durable for at least 1 year. Ten patients were on treatment for over 1 year (renal cell carcinoma, *n* = 2; sarcoma, *n* = 4; pancreatic neuroendocrine tumor, pancreatic adenocarcinoma, medullary thyroid cancer, and parotid cancer, *n* = 1 each). Four patients were on treatment for over 2 years. Of the 10 patients with stable disease >1 year, two had minor responses (0–30% decrease per RECIST criteria on CT scan) and two had progressed on a prior anti-VEGF therapy.

There were three partial responses (PR) in the BevEv doublet: a 51-year-old woman with renal cell carcinoma and no prior therapy, a 58-year-old man with renal cell carcinoma and prior IL-2 therapy, and a 30-year-old man with a heavily pretreated osteosarcoma. In the triplet BEE therapy, there was one PR in a 54-year-old man with a pancreatic neuroendocrine tumor that had progressed on three prior treatments. Clinical activity (stable disease >6 months, partial response, or minor response) was seen in 19 patients (38%), eight (42%) of whom had progressed on a prior anti-VEGF therapy.

The largest tumor group represented in this study was colorectal cancer, all of whom previously progressed on a bevacizumab containing regimen. In this sub-population,

Table 4 Characteristics of patients with partial responses and prolonged stable disease

Patient	Age/sex	Tumor type	Dose level Bev/Ev/E (mg)	Prior therapies	Response	Duration (months)
1	73/F	Parotid	10/5	Cap	MR	29.5
2	58/M	Renal cell	10/10	IL-2	PR	32
3	51/F	Renal cell	10/10	None	PR	6.8
4	30/M	Osteosarcoma	10/10	MTX/Cis/Dox Ifos/Etop HD Ifos	PR	20.8
5	54/M	Neuroendocrine (pancreas)	5/5/75	Imatinib/Cap VEG 10003 Sunesis	PR	26.8+
6	54/M	Medullary thyroid	5/5/75	None	MR	27+
7	31/F	Alveolar soft part sarcoma	5/5/75	MTX/Cis/Dox Topotecan Bevacizumab	SD	15.8
8	63/M	Pancreatic	5/5/75	Cap Gemcitabine Gem+ Erlotinib	SD	13
9	59/F	Leiomyosarcoma	10/10/75	None	SD	24
10	64/M	Osteosarcoma	10/10/75	MTX/Cis/Dox HD Ifos	SD	25.8

Cap capecitabine,
MTX methotrexate, Cis cisplatin,
Dox doxorubicin,
Ifos ifosfamide, Etop etoposide,
HD high dose, MR minor
response, PR partial response

there were two minor responses and the median PFS was 5.9 months (range, 1.3–10.5 months).

Pharmacokinetics

Systemic exposure (i.e. AUC_{0-24}) of erlotinib when administered alone was not statistically significantly different than systemic exposure of erlotinib after 2 weeks of concurrent everolimus (19,430 vs. 21,758 ng/mL h; P 0.359; Fig. 1). Erlotinib clearance was also not significantly affected by 2 weeks of everolimus treatment (Fig. 2). Two patients who were active tobacco smokers had the highest erlotinib clearances (>2 fold above the median value).

Inspection of the concentration/time profiles suggested that the disposition pattern of everolimus appeared shifted toward higher concentrations on day 22 compared to day 8 (Fig. 1). Pharmacokinetic determination of systemic everolimus exposure revealed an approximately 17 percent higher value when given after concurrent erlotinib for 2 weeks compared to alone (476.4 vs. 392.8 ng/mL h; P 0.02; Fig. 2). Apparent oral clearance values were correspondingly lower during concurrent administration (Fig. 2).

Discussion

This study established the RPTD for the anti-angiogenic doublet of bevacizumab plus everolimus and for the

targeted triplet therapy of bevacizumab, everolimus, plus erlotinib. Full doses of bevacizumab and everolimus were tolerable together. However, full doses of bevacizumab, everolimus, and erlotinib were not tolerable and resulted in dose-limiting mucositis and rash, which are overlapping toxicities of the agents. In addition, pharmacokinetic analyses showed that the co-administration of erlotinib with everolimus reduced the clearance of the latter agent, perhaps at least partially explaining its dose tolerability. An increase in mucositis has been reported by others with the combination of anti-mTOR and anti-EGFR tyrosine kinase inhibitors [24–26]. A similar finding has also been reported recently for the combination of everolimus with the anti-EGFR monoclonal antibody panitumumab [27].

The increased frequency and severity of mucositis seen in this study is consistent with increased on-target effects within the EGFR axis and its concurrent signaling through mTOR. These results are also consistent with a pharmacokinetic as well as pharmacodynamic interaction between erlotinib and everolimus. When mucositis occurred, it responded well to dose holding and/or dose reduction, as well as traditional supportive measures. The pattern of mucositis seen in this study suggests these modifications should be early and aggressive.

Consistent with previous reports using mTOR inhibitors, hyperlipidemia was seen in approximately two-thirds of patients in this study, most requiring and readily responding to statin therapy.

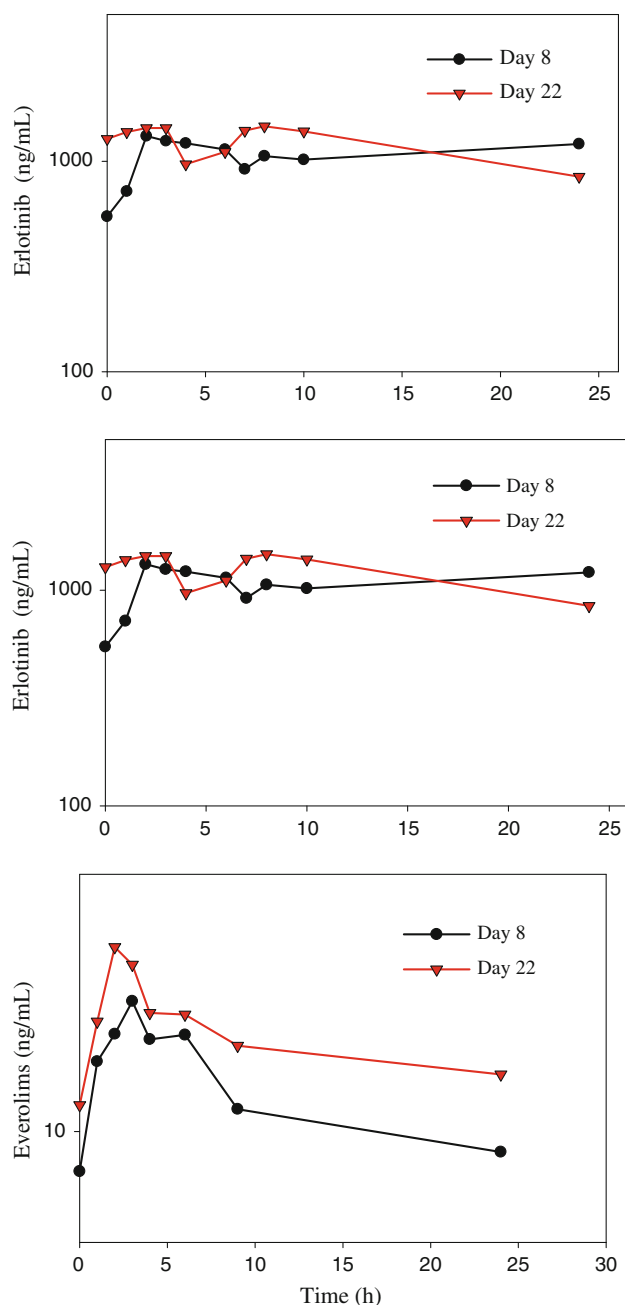


Fig. 1 Erlotinib, OSI-420 (erlotinib metabolite), and everolimus plasma pharmacokinetic disposition in a patient with the median systemic exposure

The BevEv and BEE regimens were associated with infrequent but severe side effects previously associated with both VEGF and mTOR inhibitors, including cardiac ischemia, hypertension bowel perforation, wound healing complications, and nephritic syndrome [4, 5, 28]. With the small patient population in this study, it is difficult to determine whether the frequency or severity of these events is increased or whether there is any contribution from the anti-EGFr therapy.

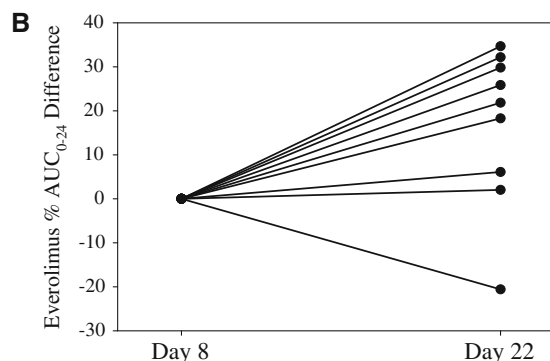
Although efficacy is often difficult to evaluate and interpret in patients with refractory solid tumors, the BevEv and BEE combinations showed preliminary signs of activity. Renal cell and pancreatic neuroendocrine cancers are known to exhibit sensitivity to single agent treatment with VEGF inhibitors and/or mTOR inhibitors [29–39]. Preliminary activity has also been reported in sarcoma for anti-mTOR therapy [40]. Clinical activity was seen in many patients with tumor types traditionally non-responsive to these agents and/or who had progressed on a VEGF inhibitor. The minor responses and prolonged stable disease in colorectal cancer may be noteworthy, since this tumor type is known to have a median progression-free survival of <2 months when treated with bevacizumab [41, 42], everolimus [43] or erlotinib monotherapy [44]. In addition, all of these patients had previously progressed on a bevacizumab containing regimen. Prolonged stable disease and minor responses have also been noted in a separate study of BevEv in refractory colorectal cancer [45]. These findings also suggest that clinical benefit for this combination may manifest primarily as disease stability, not response.

Everolimus is a substrate for p-glycoprotein and cytochrome p450 (CYP) 3A4. In vitro isoenzyme studies have shown it to be a potent inhibitor of CYP3A4; however, the limited clinical trials conducted to date suggest the effect is not relevant in vivo [46]. This is in agreement with our data which did not reveal significant changes in erlotinib pharmacokinetics (a CYP3A4 substrate) during concomitant administration of everolimus. In addition to CYP3A4, erlotinib is also thought to be metabolized by CYP1A2, an enzyme induced by tobacco smoke [47, 48]. We observed high oral clearance of erlotinib in smoking patients consistent with studies in lung cancer patients and volunteers.[23] In vitro and in vivo data suggest that co-administration of erlotinib with the CYP3A4 substrate midazolam accelerates the metabolism of the latter drug [49, 50]. In vitro studies conducted by the manufacturer have shown that erlotinib and its major metabolite are inhibitors of CYP3A4. Consistent with these data, we observed a 17 percent higher everolimus systemic exposure when it was given concurrently with erlotinib.

In conclusion, the BevEv regimen is well tolerated and can be delivered at full doses of each agent. The BEE regimen, however, must be given at reduced doses of everolimus and/or erlotinib due to dose-limiting mucositis and rash and other known overlapping toxicities of anti-EGFR and anti-mTOR therapies. Clinical activity in tumors types associated with primary or acquired resistance to anti-VEGF therapy suggests the anti-VEGF plus anti-mTOR therapies may overcome some of these resistance mechanisms. These data support the further testing of dual inhibition of the VEGF and mTOR axes, which are

Fig. 2 a Steady-state pharmacokinetic parameters when everolimus and erlotinib were given alone (day 8) compared to after 2 weeks of concomitant therapy (day 22). **b** Inter-patient assessment of everolimus systemic exposure depicted as the percent change from values obtained on day 8 (given alone) to those measured after 14 days of concomitant erlotinib (day 22; P 0.017)

	Everolimus (n = 9)			Erlotinib (n = 9)		
	Day 8	Day 22	P	Day 8	Day 22	P
AUC (ng h/mL)	392.8 ± 155.6	476.4 ± 161.4	0.020	19430 ± 7723	21758 ± 3567	0.359
Cl/F (L/h)	14.3 ± 4.8	11.7 ± 4.1	0.039	4.6 ± 2.3	4.4 ± 2.8	0.650
C _{max} (ng/mL)	44.4 ± 25.7	50.2 ± 18.6	0.844	1150 ± 326.1	1336 ± 438.0	0.129



ongoing in phase III for neuroendocrine and renal cell carcinoma.

Acknowledgments The authors would like to thank the patients, their families, and our phase I research staff: Shawna Savage, Jill Ashton, Christy Arrowood, Dorris Lockamy, Catherine Lowe, Sharon Norman, Neal Kaplan, Kathy Coleman, and Denise Morgan.

References

1. Ciardiello F, Tortora G (2003) Epidermal growth factor receptor (EGFR) as a target in cancer therapy: understanding the role of receptor expression and other molecular determinants that could influence the response to anti-EGFR drugs. *Eur J Cancer* 39:1348–1354
2. Ciardiello F, Tortora G (2008) EGFR antagonists in cancer treatment. *N Engl J Med* 358:1160–1174
3. Grant S (2008) Cotargeting survival signaling pathways in cancer. *The Journal of clinical investigation* 118:3003–3006
4. Hicklin DJ, Ellis LM (2005) Role of the vascular endothelial growth factor pathway in tumor growth and angiogenesis. *J Clin Oncol* 23:1011–1027
5. Meric-Bernstam F, Gonzalez-Angulo AM (2009) Targeting the mTOR signaling network for cancer therapy. *J Clin Oncol* 27:2278–2287
6. Fukumura D, Jain RK (2007) Tumor microenvironment abnormalities: causes, consequences, and strategies to normalize. *J Cell Biochem* 101:937–949
7. Hudson CC, Liu M, Chiang GG, Otterness DM, Loomis DC, Kaper F, Giaccia AJ, Abraham RT (2002) Regulation of hypoxia-inducible factor 1 α expression and function by the mammalian target of rapamycin. *Mol Cell Biol* 22:7004–7014
8. Kerbel RS (2008) Tumor angiogenesis. *N Engl J Med* 358:2039–2049
9. Hainsworth JD, Sosman JA, Spigel DR, Edwards DL, Baughman C, Greco A (2005) Treatment of metastatic renal cell carcinoma with a combination of bevacizumab and erlotinib. *J Clin Oncol* 23:7889–7896
10. Herbst RS, Prager D, Hermann R, Fehrenbacher L, Johnson BE, Sandler A, Kris MG, Tran HT, Klein P, Li X, Ramies D, Johnson DH, Miller VA (2005) TRIBUTE: a phase III trial of erlotinib hydrochloride (OSI-774) combined with carboplatin and paclitaxel chemotherapy in advanced non-small-cell lung cancer. *J Clin Oncol* 23:5892–5899
11. Hurwitz H, Fehrenbacher L, Novotny W, Cartwright T, Hainsworth J, Heim W, Berlin J, Baron A, Griffing S, Holmgren E, Ferrara N, Fyfe G, Rogers B, Ross R, Kabbinavar F (2004) Bevacizumab plus irinotecan, fluorouracil, and leucovorin for metastatic colorectal cancer. *N Engl J Med* 350:2335–2342
12. Saltz LB, Lenz HJ, Kindler HL, Hochster HS, Wadler S, Hoff PM, Kemeny NE, Hollywood EM, Gonen M, Quinones M, Morse M, Chen HX (2007) Randomized phase II trial of cetuximab, bevacizumab, and irinotecan compared with cetuximab and bevacizumab alone in irinotecan-refractory colorectal cancer: the BOND-2 study. *J Clin Oncol* 25:4557–4561
13. Sandler A, Gray R, Perry MC, Brahmer J, Schiller JH, Dowlati A, Lilienbaum R, Johnson DH (2006) Paclitaxel-carboplatin alone or with bevacizumab for non-small-cell lung cancer. *N Engl J Med* 355:2542–2550
14. Wu W, Onn A, Isobe T, Itasaka S, Langley RR, Shitani T, Shibuya K, Komaki R, Ryan AJ, Fidler IJ, Herbst RS, O'Reilly MS (2007) Targeted therapy of orthotopic human lung cancer by combined vascular endothelial growth factor and epidermal growth factor receptor signaling blockade. *Mol Cancer Ther* 6:471–483
15. Goudar RK, Shi Q, Hjelmeland MD, Keir ST, McLendon RE, Wikstrand CJ, Reese ED, Conrad CA, Traxler P, Lane HA, Reardon DA, Cavenee WK, Wang XF, Bigner DD, Friedman HS, Rich JN (2005) Combination therapy of inhibitors of epidermal growth factor receptor/vascular endothelial growth factor receptor 2 (AEE788) and the mammalian target of rapamycin

- (RAD001) offers improved glioblastoma tumor growth inhibition. *Mol Cancer Ther* 4:101–112
16. Buck E, Eyzaguirre A, Brown E, Petti F, McCormack S, Haley JD, Iwata KK, Gibson NW, Griffin G (2006) Rapamycin synergizes with the epidermal growth factor receptor inhibitor erlotinib in non-small-cell lung, pancreatic, colon, and breast tumors. *Mol Cancer Ther* 5:2676–2684
 17. Buck E, Eyzaguirre A, Haley JD, Gibson NW, Cagnoni P, Iwata KK (2006) Inactivation of Akt by the epidermal growth factor receptor inhibitor erlotinib is mediated by HER-3 in pancreatic and colorectal tumor cell lines and contributes to erlotinib sensitivity. *Mol Cancer Ther* 5:2051–2059
 18. Bianco R, Garofalo S, Rosa R, Damiano V, Gelardi T, Daniele G, Marciano R, Ciardiello F, Tortora G (2008) Inhibition of mTOR pathway by everolimus cooperates with EGFR inhibitors in human tumours sensitive and resistant to anti-EGFR drugs. *Br J Cancer* 98:923–930
 19. O'Reilly T, Lane HA, Wood JM, Schnell C, Littlewood-Evans A, Brueggen J, McSheehy PM (2010) Everolimus and PTK/ZK show synergistic growth inhibition in the orthotopic BL16/BL6 murine melanoma model. *Cancer Chemother Pharmacol*. Published online 30 May 2010
 20. Simon R, Freidlin B, Rubinstein L, Arbus SG, Collins J, Christian MC (1997) Accelerated titration designs for phase I clinical trials in oncology. *J Natl Cancer Inst* 89:1138–1147
 21. Therasse P, Arbus SG, Eisenhauer EA, Wanders J, Kaplan RS, Rubinstein L, Verweij J, Van Glabbeke M, van Oosterom AT, Christian MC, Gwyther SG (2000) New guidelines to evaluate the response to treatment in solid tumors. European Organization for Research and Treatment of Cancer, National Cancer Institute of the United States, National Cancer Institute of Canada. *Journal of the National Cancer Institute* 92:205–216
 22. Brignol N, McMahon LM, Luo S, Tse FL (2001) High-throughput semi-automated 96-well liquid/liquid extraction and liquid chromatography/mass spectrometric analysis of everolimus (RAD 001) and cyclosporin A (CsA) in whole blood. *Rapid Commun Mass Spectrom* 15:898–907
 23. Hamilton M, Wolf JL, Rusk J, Beard SE, Clark GM, Witt K, Cagnoni PJ (2006) Effects of smoking on the pharmacokinetics of erlotinib. *Clin Cancer Res* 12:2166–2171
 24. Milton DT, Riely GJ, Azzoli CG, Gomez JE, Heelan RT, Kris MG, Krug LM, Pao W, Pizzo B, Rizvi NA, Miller VA (2007) Phase I trial of everolimus and gefitinib in patients with advanced non-small-cell lung cancer. *Cancer* 110:599–605
 25. Papadimitrakopoulou V, Blumenschein GR, Leigh NB, Benouna J, Soria JC, Burris I HA, Dimitrijevic S, Kunz T, Di Scala L, Johnson BE (2008) A phase 1/2 study investigating the combination of RAD001 (R) (everolimus) and erlotinib (E) as 2nd and 3rd line therapy in patients (pts) with advanced non-small cell lung cancer (NSCLC) previously treated with chemotherapy (C): Phase 1 results. *J Clin Oncol* 26: May 20 suppl abstr 8051
 26. Robins HI, Wen PY, Chang SM, Kuhn J, Lamborn K, Cloughesy T, Glibert MR, Yung WK, Dancy J, Prados MD (2007) Phase I study of erlotinib and CCI-779 (temsirolimus) for patients with recurrent malignant gliomas (MG) (NABTC 04–02). *J Clin Oncol* 25: 18 S June 20 suppl abstr 2057
 27. Howard LA, Bullock KE, Bendell JC, Uronis HE, Vlahovic G, Globe GC, Riedel RF, Nixon AB, Gockerman JP, Hurwitz HI (2009) Bevacizumab (B) plus everolimus (E) and panitumumab (P) in refractory advanced solid tumors. *J Clin Oncol* 27: 15S abstr 3551
 28. Flechner SM (2008) Reviewing the evidence for de novo immunosuppression with sirolimus. *Transpl Proc* 40:S25–S28
 29. Chawla SP, Tolcher AW, Staddon AP, Schuetz S, D'Amato GZ, Blay JY, Loewy J, Kan R, Demetri GD (2007) Survival results with AP23573, a novel mTOR inhibitor, in patients (pts) with advanced soft tissue or bone sarcomas: Update of phase II trial. *J Clin Oncol* 25: 18S (June Suppl abstr10076)
 30. Duran I, Le L, Saltman D, Kortmansky J, Kocha W, Singh D, Pond GR, Peralba JM, Dancy J, Siu LL (2005) A phase II trial of temsirolimus in metastatic neuroendocrine carcinomas (NECs) *J Clin Oncol* 16S (June 1 Suppl abstr 3096)
 31. Raymond E, Niccoli P, Raoul J, Bang Y, Borbath I, Lombard-Bohas C, Valle JW, Patyna S, Chao RC, Lu D (2010) Cox proportional hazard analysis of sunitinib (SU) efficacy across subgroups of patients (pts) with progressive pancreatic neuroendocrine tumors (NET). *J Clin Oncol* 28: 15S (abstr 4031)
 32. Escudier B, Eisen T, Stadler WM, Szczylik C, Oudard S, Siebels M, Negrier S, Chevreau C, Solska E, Desai AA, Rolland F, Demkow T, Hutson TE, Gore M, Freeman S, Schwartz B, Shan M, Simantov R, Bukowski RM (2007) Sorafenib in advanced clear-cell renal-cell carcinoma. *N Engl J Med* 356:125–134
 33. Escudier B, Pluzanska A, Koralewski P, Ravaud A, Bracarda S, Szczylik C, Chevreau C, Filipek M, Melichar B, Bajetta E, Gorbunova V, Bay JO, Bodrogi I, Jagiello-Gruszfeld A, Moore N (2007) Bevacizumab plus interferon alfa-2a for treatment of metastatic renal cell carcinoma: a randomised, double-blind phase III trial. *Lancet* 370:2103–2111
 34. Hudes G, Carducci M, Tomczak P, Dutcher J, Figlin R, Kapoor A, Staroslawska E, Sosman J, McDermott D, Bodrogi I, Kovacevic Z, Lesovoy V, Schmidt-Wolf IG, Barbarash O, Gokmen E, O'Toole T, Lustgarten S, Moore L, Motzer RJ (2007) Temsirolimus, interferon alfa, or both for advanced renal-cell carcinoma. *N Engl J Med* 356:2271–2281
 35. Motzer RJ, Escudier B, Oudard S, Hutson TE, Porta C, Bracarda S, Grunwald V, Thompson JA, Figlin RA, Hollaender N, Urbanowitz G, Berg WJ, Kay A, Lebowitz D, Ravaud A (2008) Efficacy of everolimus in advanced renal cell carcinoma: a double-blind, randomised, placebo-controlled phase III trial. *Lancet* 372:449–456
 36. Motzer RJ, Hutson TE, Tomczak P, Michaelson MD, Bukowski RM, Rixe O, Oudard S, Negrier S, Szczylik C, Kim ST, Chen I, Bycott PW, Baum CM, Figlin RA (2007) Sunitinib versus interferon alfa in metastatic renal-cell carcinoma. *N Engl J Med* 356:115–124
 37. Yao JC, Phan AT, Chang DZ, Wolff RA, Hess K, Gupta S, Jacobs C, Mares JE, Landgraf AN, Rashid A, Meric-Bernstam F (2008) Efficacy of RAD001 (everolimus) and octreotide LAR in advanced low- to intermediate-grade neuroendocrine tumors: results of a phase II study. *J Clin Oncol* 26:4311–4318
 38. Sternberg CN, Szczylik C, Lee E, Salman PV, Mardik J, Davis ID, Pandite L, Chen M, McCann L, Hawki R (2009) A randomized, double-blind phase III study of pazopanib in treatment-naïve and cytokine-pretreated patients with advanced renal cell carcinoma (RCC). *J Clin Oncol* 27: 15S abstr 5021
 39. Yao J, Shah M, Ito T, Lombard-Bohas C, Wolin E, Van Cutsem E, Hobday T, Sachs C, Hoosen SA, Lincy J, David Lebowitz, Oberg K (2010) Everolimus versus placebo in patients with advanced pancreatic neuroendocrine tumors (pNET) (RADIANT-3). Presented at the World Congress on Gastrointestinal Cancer, July 2010 Poster O-0028
 40. Sankhala KK, Chawla SP, Igaru A, Dellamaggiora R, Chua V, Daly S, Bedrosian CL, Edwards GK, Cohen S, Demetri GD, Group ASS (2005) Early response evaluation of therapy with AP23573 (an mTOR inhibitor) in sarcoma using [18F]2-fluoro-2-deoxy-D-glucose (FDG) positron emission tomography (PET) scan *J Clin Oncol* 23: 16S June 1 Suppl abstr 9028
 41. Giantonio BJ, Catalano PJ, Meropol NJ, O'Dwyer PJ, Mitchell EP, Alberts SR, Schwartz MA, Benson III AB (2007) Bevacizumab in combination with oxaliplatin, fluorouracil, and leucovorin (FOLFOX4) for previously treated metastatic colorectal

- cancer: results from the Eastern Cooperative Oncology Group Study E3200. *J Clin Oncol* 25:1539–1544
42. Saltz LB, Rosen LS, Marshall JL, Belt RJ, Hurwitz HI, Eckhardt SG, Bergsland EK, Haller DG, Lockhart AC, Rocha Lima CM, Huang X, DePrimo SE, Chow-Maneval E, Chao RC, Lenz HJ (2007) Phase II trial of sunitinib in patients with metastatic colorectal cancer after failure of standard therapy. *J Clin Oncol* 25:4793–4799
43. Fuchs CS, Tabernero JM, Hwang J, Bajetta E, Sharma S, DelPrete SA, Arrowsmith ER, Ryan DP, Hoosen S Multicenter phase II study of RAD001 in patients with chemotherapy-refractory metastatic colorectal cancer (mCRC). 2009 Gastrointestinal Cancers Symposium abstr 446
44. Townsley CA, Major P, Siu LL, Dancey J, Chen E, Pond GR, Nicklee T, Ho J, Hedley D, Tsao M, Moore MJ, Oza AM (2006) Phase II study of erlotinib (OSI-774) in patients with metastatic colorectal cancer. *Br J Cancer* 94:1136–1143
45. Bullock KE, Hurwitz HI, Uronis HE, Morse MA, Blobe GC, Hsu SD, Zafar SY, Nixon AB, Howard LA, Bendell JC (2009) Bevacizumab (B) plus everolimus (E) in refractory metastatic colorectal cancer (mCRC). *J Clin Oncol* 27: 15S abstr 4080
46. Kovarik JM, Hartmann S, Hubert M, Berthier S, Schneider W, Rosenkranz B, Rordorf C (2002) Pharmacokinetic and pharmacodynamic assessments of HMG-CoA reductase inhibitors when coadministered with everolimus. *J Clin Pharmacol* 42:222–228
47. Ling J, Johnson KA, Miao Z, Rakhit A, Pantze MP, Hamilton M, Lum BL, Prakash C (2006) Metabolism and excretion of erlotinib, a small molecule inhibitor of epidermal growth factor receptor tyrosine kinase, in healthy male volunteers. *Drug metabolism and disposition: the biological fate of chemicals* 34:420–426
48. Zevin S, Benowitz NL (1999) Drug interactions with tobacco smoking. An update. *Clinical pharmacokinetics* 36:425–438
49. Li J, Zhao M, He P, Hidalgo M, Baker SD (2007) Differential metabolism of gefitinib and erlotinib by human cytochrome P450 enzymes. *Clin Cancer Res* 13:3731–3737
50. OSI Pharmaceuticals I, Genentech Inc., F. Hoffman-La Roche Ltd (2007) Tarceva Investigator's Brochure